## **Introduction to Machine Learning**

# **Regularization Perspectives on Ridge Regression (Deep-Dive)**

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#### **Learning goals**

● Bias-Variance trade-off for ridge regression

#### **BIAS-VARIANCE DECOMPOSITION FOR RIDGE**

For a linear model  $y = X\theta + \varepsilon$  with fixed design  $\mathbf{X}\in\mathbb{R}^{n\times p}$  and  $\varepsilon\sim(\mathbf{0},\sigma^2\boldsymbol{I}_n),$  bias of ridge estimator  $\hat{\theta}_\text{ridge}$  is given by  $\textsf{Bias}(\hat{\theta}_{\textsf{ridge}}):= \mathbb{E}[\hat{\theta}_{\textsf{ridge}}-\theta]=\mathbb{E}[(\boldsymbol{X}^{\top}\boldsymbol{X}+\lambda\boldsymbol{I}_\rho)^{-1}\boldsymbol{X}^{\top}\boldsymbol{y}]-\theta$  $\mathbb{E}[(\pmb{X}^\top\pmb{X}+\lambda\pmb{I}_\rho)^{-1}\pmb{X}^\top(\pmb{X}\pmb{\theta}+\pmb{\varepsilon})]-\pmb{\theta}$  $\mathbf{X}$  $\boldsymbol{\beta} = (\boldsymbol{X}^\top \boldsymbol{X} + \lambda \boldsymbol{I}_\rho)^{-1} \boldsymbol{X}^\top \boldsymbol{X} \boldsymbol{\theta} + (\boldsymbol{X}^\top \boldsymbol{X} + \lambda \boldsymbol{I}_\rho)^{-1} \boldsymbol{X}^\top \ \mathbb{E}[\varepsilon] - \boldsymbol{\theta}$  $\sum_{i=0}$  $=0$  $\boldsymbol{\beta} = (\boldsymbol{X}^\top \boldsymbol{X} + \lambda \boldsymbol{I}_\rho)^{-1} \boldsymbol{X}^\top \boldsymbol{X} \boldsymbol{\theta} - \boldsymbol{\theta}$  $\boldsymbol{\beta} = \left[(\boldsymbol{X}^\top \boldsymbol{X} + \lambda \boldsymbol{I}_\rho)^{-1} - (\boldsymbol{X}^\top \boldsymbol{X})^{-1}\right] \boldsymbol{X}^\top \boldsymbol{X} \boldsymbol{\theta}$ 

Last expression shows bias of ridge estimator only vanishes for  $\lambda = 0$ , which is simply (unbiased) OLS solution

\n- It follows 
$$
\|\text{Bias}(\hat{\theta}_{\text{ridge}})\|_2^2 > 0
$$
 for all  $\lambda > 0$
\n

#### **BIAS-VARIANCE DECOMPOSITION FOR RIDGE / 2**

For the variance of  $\hat{\theta}_{\text{ridge}}$ , we have

$$
\begin{aligned}\n\text{Var}(\hat{\theta}_{\text{ridge}}) &= \text{Var}\left((\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1}\boldsymbol{X}^{\top}\boldsymbol{y}\right) \qquad \big| \quad \text{apply} \quad \text{Var}_{\boldsymbol{u}}(\boldsymbol{A}\boldsymbol{u}) = \boldsymbol{A}\text{Var}(\boldsymbol{u})\boldsymbol{A}^{\top} \\
&= (\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1}\boldsymbol{X}^{\top}\text{Var}(\boldsymbol{y})\left((\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1}\boldsymbol{X}^{\top}\right)^{\top} \\
&= (\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1}\boldsymbol{X}^{\top}\text{Var}(\boldsymbol{\varepsilon})\boldsymbol{X}(\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1} \\
&= (\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1}\boldsymbol{X}^{\top}\sigma^{2}I_{p}\boldsymbol{X}(\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1} \\
&= \sigma^{2}(\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1}\boldsymbol{X}^{\top}\boldsymbol{X}(\boldsymbol{X}^{\top}\boldsymbol{X} + \lambda I_{p})^{-1}\n\end{aligned}
$$

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- $\mathsf{Var}(\hat{\theta}_\mathsf{ridge})$  is strictly smaller than  $\mathsf{Var}(\hat{\theta}_\mathsf{OLS}) = \sigma^2 (\mathbf{X}^\top \mathbf{X})^{-1}$  for any  $\lambda >$  0, meaning matrix of their difference  $\mathsf{Var}(\hat{\theta}_\mathsf{OLS}) - \mathsf{Var}(\hat{\theta}_\mathsf{ridge})$  is positive definite (bit tedious derivation)
- This further means trace $\left(\mathsf{Var}(\hat{\theta}_\mathsf{OLS}) \mathsf{Var}(\hat{\theta}_\mathsf{ridge}) \right) > \mathsf{0} \, \forall \lambda > 0$

### **BIAS-VARIANCE DECOMPOSITION FOR RIDGE / 3**

Having obtained the bias and variance of the ridge estimator, we can decompose its mean squared error as follows:

 $\mathsf{MSE}(\hat{\theta}_\mathsf{ridge}) = \|\mathsf{Bias}(\hat{\theta}_\mathsf{ridge})\|_2^2 + \mathsf{trace}\big(\mathsf{Var}(\hat{\theta}_\mathsf{ridge})\big)$ 

Comparing MSEs of  $\hat{\theta}_\text{ridge}$  and  $\hat{\theta}_\text{OLS}$  and using Bias $(\hat{\theta}_\text{OLS})=0$  we find

$$
\text{MSE}(\hat{\theta}_{\text{OLS}}) - \text{MSE}(\hat{\theta}_{\text{ridge}}) = \underbrace{\text{trace}\big(\text{Var}(\hat{\theta}_{\text{OLS}}) - \text{Var}(\hat{\theta}_{\text{ridge}})\big)}_{>0} - \underbrace{\|\text{Bias}(\hat{\theta}_{\text{ridge}})\|_2^2}_{>0}
$$

Since both terms are positive, sign of their diff is *a priori* undetermined. [Theobald 1974](https://www.jstor.org/stable/2984775) and [Farebrother 1976](https://www.jstor.org/stable/2984971) **prove there always exists some**  $\lambda^* > 0$ so that

$$
\mathsf{MSE}(\hat{\theta}_\mathsf{OLS}) - \mathsf{MSE}(\hat{\theta}_\mathsf{ridge}) > 0
$$

**Important theoretical result**: While Gauss-Markov guarantuees  $\hat{\theta}_{\text{OLS}}$ is best linear unbiased estimator (BLUE), there are biased estimators with lower MSF

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### **BIAS-VARIANCE IN PREDICTIONS FOR RIDGE**

In supervised learning, our goal is typically not to learn an unknown parameter  $\theta$ , but to learn a function  $f(\mathbf{x})$  that can predict  $\gamma$  given  $\mathbf{x}$ .

The bias and variance of predictions  $\hat{f}:=\hat{f}(\mathbf{x})=\hat{\theta}_{\mathsf{ridge}}^\top\mathbf{x}$  is obtained as:

$$
\begin{aligned} \text{Bias}(\hat{f}) &= \mathbb{E}[\hat{f} - f] = \mathbb{E}[\hat{\theta}_{\text{ridge}}^{-} \mathbf{x} - \theta^{\top} \mathbf{x}] = \mathbb{E}[\hat{\theta}_{\text{ridge}} - \theta]^{\top} \mathbf{x} \\ &= \text{Bias}(\hat{\theta}_{\text{ridge}})^{\top} \mathbf{x} \\ \text{Var}(\hat{f}) &= \text{Var}(\hat{\theta}_{\text{ridge}}^{-} \mathbf{x}) = \mathbf{x}^{\top} \text{Var}(\hat{\theta}_{\text{ridge}}) \mathbf{x} \end{aligned}
$$

The MSE of  $\hat{f}$  given a fresh sample  $(y, x)$  can now be decomposed as

$$
MSE(\hat{t}) = \mathbb{E}[(y - \hat{t}(\mathbf{x}))^2] = Bias^2(\hat{t}) + Var(\hat{t}) + \sigma^2
$$

This decomposition is similar to the statistical inference setting before, however, the irreducible error  $\sigma^2$  only appears for predictions as an artifact of the noise in the test sample.

